

FAMILY PRAYER CARDS

Praise God, Build Up Others, & Join in God's Work!

SET TWO

HOW TO USE THESE CARDS

Each card contains 3 elements:

- 1. a conversation question (or two) to get you thinking about the topic
- 2. a specific praise or prayer request
- 3. a Bible verse related to the prayer request which can further guide your prayer.

There is no "right way" to use the PB&J cards! Prayer is, above all, a conversation of the heart, so the goal is simply to help your family have some meaningful conversations--with each other and with God--during your prayer times. Here are a few options you might consider:

- 1. Read the "Praying Deeper" and "Why PB&J?" cards together as a family before you start using the cards.
- 2. Read one card per day at famiy mealtimes, going through a rotation of P, B, and J cards.
- 3. Use 3 cards at a time (P, B, and J) for your family devotions.
- 4. Read through a card each night with your child at bedtime.
- 5. Give cards to older children to use on their own during their personal devotions.

PRAYING DEEPER

If you hadn't eaten for a week, how would feel about a PB&J sandwich? I'll bet you'd be pretty excited about it, wouldnt you? Eating food fills up our stomachs and gives renewed energy. But eventually, we grow hungry again, don't we? We need another sandwich to give us more energy.

Just like our stomachs, our hearts can feel "hungry" too--for God! You might notice yourself feeling worried, or crabby, or sad, or overwhelmed. Those are all signs that your heart is hungry: You need to fill up with God!

A lot of people just think of prayer as a chance to ask God for things they want, and then they move on. But that's kind of like eating a bite of a sandwich, instead of enjoying the whole thing!

In addition to telling God the things we want, we can also use prayer to praise God, thank him, and help others. And we can also listen--thinking about what *God* wants for us. When we add these things to our prayers, we are filling up our hearts with gratitude and trust and love.

So next time you pray, don't settle for just a bite. Take time to eat a whole prayer "sandwich" and have a deeper conversation with God.

WHY PB & J?

There's no special formuala you have to use when you pray. God loves it when we talk to him, anywhere, anytime!

These prayer cards use the acronym "PB & J" as one simple way to help you remember different aspects of prayer. Here's what the letters stand for.

P is for Praise & Thanks:

There are so many reasons to praise God. And he gives us so much to be thankful for! When we take time to give praise & thanks to God, we fill our hearts with gratitude and trust.

B is for Bless Others:

We might not have the power to fix everyone's problems--but God does! We can ask God to bless others and help them with their struggles. When we remember to talk with God about the needs of others, we fill our hearts with compassion.

J is for Join with God:

What is *God* trying to say to *us* when we pray? God is always at work in our world and in our hearts--and he wants to help us grow in our faith. When we ask God to show us how we can join in that work, we fill our hearts with wisdom.

© 2019 More Like Grace - All Rights Reserved - For Personal Use Only.

WHAT DO YOU ENJOY DOING TOGETHER WITH YOUR FAMILY? WHAT IS ONE OF YOUR FAVORITE FAMILY MEMORIES?

THANK GOD FOR YOUR FAMILY AND THE SPECIAL MOMENTS YOU HAVE SHARED.

"How good and pleasant it is when God's people live together in unity!"

- Psalm 133:1

WHAT ARE THREE NEEDS GOD PROVIDED FOR YOU TODAY?

PRAISE GOD FOR TAKING CARE OF ALL OUR NEEDS, AND OFTEN GIVING US EVEN MORE THAN WE ASK FOR.

"And my God will meet all your needs according to the riches of his glory in Christ Jesus. To our God and Father be glory for ever and ever. Amen."



WHAT ARE SOME OF YOUR FAVORITE ANIMALS? WHAT IS SOMETHING BEAUTIFUL YOU'VE SEEN IN NATURE THIS WEEK?

THANK GOD FOR THE GIFT OF HIS AMAZING CREATION.

"You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they were created and have their being."

- Revelation 4:11

WHAT IS SOMETHING FRUSTRATING THAT HAPPENED TO YOU THIS WEEK?

PRAISE GOD THAT HE CAN USE ALL THINGS TO WORK TOGETHER FOR OUR GOOD.

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

- Romans 8:28



WHAT IS YOUR FAVORITE SEASON OF THE YEAR? WHY DO YOU LIKE IT?

PRAISE GOD FOR SENDING THE SEASONS EVERY YEAR. AND THE WAY THEY REMIND US OF HIS FAITHFULNESS.

"As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease."

- Genesis 8:22

IF YOU COULD PICK THREE NEW THINGS TO OWN RIGHT NOW. WHAT WOULD THEY BE?

PRAISE GOD FOR BEING THE ONE WHO OWNS EVERYTHING IN HEAVEN AND EARTH.

"Yours, Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours... Wealth and honor come from you; you are the ruler of all things."

- 1 Chronicles 29:11-12



CAN YOU NAME THREE DIFFERENT WAYS THAT JESUS SERVED OTHER PEOPLE?

PRAISE JESUS FOR SHOWING US HOW TO SERVE EVEN TO THE POINT OF GIVING UP HIS LIFE FOR US.

"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

- Mark 10:45

IF YOU COULD DO THREE THINGS TO HELP POOR PEOPLE IN OUR WORLD, WHAT WOULD YOU **CHOOSE TO DO?**

PRAISE GOD FOR CARING ABOUT JUSTICE AND FOR CARING FOR THE POOR.

"I know that the Lord secures justice for the poor and upholds the cause of the needv."

- Psalm 140:12



Praise

Praise

CAN YOU THINK OF A BIBLE CHARACTER WHO SINNED BADLY, BUT WAS STILL LOVED BY GOD?

PRAISE GOD FOR STAYING FAITHFUL TO US, EVEN WHEN WE DON'T ALWAYS STAY FAITHFUL TO HIM.

"If we are faithless, he remains faithful, for he cannot disown himself."

- 2 Timothy 2:13

WHAT KIND OF SITUATIONS MAKE YOU FEEL ANGRY? HOW DO YOU REACT WHEN YOU ARE ANGRY?

PRAISE GOD THAT HE IS PATIENT WITH US AND SLOW TO ANGER.

"The Lord is gracious and compassionate, slow to anger and rich in love. The Lord is good to all; he has compassion on all he has made."

- Psalm 145:8-9





—Praise

CAN YOU REMEMBER A TIME WHEN YOU FELT REALLY TIRED OR OVERWHELMED?

PRAISE GOD BECAUSE HE NEVER GROWS TIRED AND HE GIVES US STRENGTH WHEN WE NEED IT.

"Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary . . . "

- Isaiah 40:28-29

WHAT IS SOMETHING ABOUT THE WORLD THAT YOU WOULD LIKE TO LEARN MORE ABOUT?

PRAISE GOD FOR KNOWING ALL THINGS, AND HAVING FAR GREATER WISDOM AND UNDERSTANDING THAN WE DO.

"Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable his judgments, and his paths beyond tracing out!"

- Romans 11:33



WHAT IS SOMETHING THAT GIVES YOU JOY? AND WHAT IS SOMETHING THAT MAKES YOU LAUGH?

THANK GOD FOR GIVING US THE ABILITY TO LAUGH AND FEEL JOY.

"He will yet fill your mouth with laughter and your lips with shouts of joy."

- Job 8:21

IF YOU COULD TRAVEL TO ANY PLACE IN THE WORLD. WHERE WOULD YOU VISIT?

PRAISE GOD FOR GIVING US HIS SPIRIT, WHICH WILL ALWAYS BE WITH US AND GUIDE US. WHEREVER WE GO.

"If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast."

- Psalm 139:8-10



Praise

IF YOU COULD PICK ONE PERSON FROM HISTORY TO COME BACK TO LIFE AND EAT DINNER WITH YOU, WHO WOULD YOU PICK?

PRAISE JESUS FOR OVERCOMING DEATH AND GIVING US THE GIFT OF ETERNAL LIFE!

"For as in Adam all die, so also in Christ shall all be made alive."

- 1 Corinthians 15:22

IF YOU DISCOVERED A NEW PLANET OR STAR. WHAT NAME WOULD YOU GIVE IT?

PRAISE GOD FOR BEING THE ONE WHO GUIDES EVERY STAR AND PLANET.

"Can you bring forth the constellations in their seasons or lead out the Bear with its cubs? Do you know the laws of the heavens? Can you set up God's dominion over the earth?"

- Job 38:32-33



WHAT DO YOU THINK IS THE BEST JOB SOMEONE COULD HAVE? THE WORST JOB?

PRAY FOR THE PEOPLE WHO WORK AT THE BUSINESSES IN YOUR COMMUNITY. ASK GOD TO GIVE THEM JOY IN THEIR WORK AND TO HELP YOUR COMMUNITY PROSPER.

"Seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper."

- Jeremiah 29:7

CAN YOU THINK OF THREE WAYS YOUR FAMILY ENJOYS THE CREATIVE WORK OF OTHERS?

PRAY FOR CHRISTIANS WHO CREATE ART (WRITERS, PAINTERS, MUSICIANS, ETC.) ASK GOD TO INSPIRE THEM TO SHOW HIS BEAUTY AND TRUTH THROUGH THEIR WORK.

"See, I have chosen Bezalel... and I have filled him with the Spirit of God, with wisdom, with understanding, with knowledge and with all kinds of skills—to make artistic designs."

- Exodus 31:2-4

B



DO YOU KNOW SOMEONE WHO VOLUNTEERS THEIR TIME TO HELP PEOPLE IN NEED? WHAT KIND OF WORK DO THEY DO?

PRAY FOR THE VOLUNTEERS IN YOUR COMMUNITY. ASK GOD TO ENCOURAGE THEM AND GIVE THEM STRENGTH FOR THEIR WORK.

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

- Galatians 6:9

Direct

WHAT WOULD BE DIFFERENT ABOUT YOUR LIFE IF IT WAS ILLEGAL TO BE A CHRISTIAN IN YOUR COUNTRY?

PRAY FOR CHRISTIANS WHO GET PERSECUTED OR PUT IN PRISON FOR THEIR FAITH. ASK GOD TO KEEP THEIR FAITH STRONG AND TO HELP HIS CHURCH CONTINUE TO GROW IN THE WORLD.

"Continue to remember those in prison as if you were together with them in prison, and those who are mistreated as if you yourselves were suffering."

- Hebrews 13:3

CAN YOU THINK OF A BIBLE STORY THAT INVOLVES A BABY OR A CHILD? HOW DID JESUS FEEL ABOUT CHILDREN?

PRAY FOR ALL THE NEW BABIES WHO CAME INTO THE WORLD TODAY-AND THE PARENTS WHO WILL RAISE THEM.

"And [Jesus] took the children in his arms, placed his hands on them and blessed them."

- Mark 10:16

IF YOU WERE A TEACHER, WHAT AGE AND SUBJECT WOULD YOU LIKE TO TEACH?

PRAY FOR CHRISTIAN TEACHERS AND
PROFESSORS. ASK GOD TO GIVE THEM
OPPORTUNITIES TO SHARE HIS TRUTH AS THEY
TEACH THEIR STUDENTS,

"In everything set them an example by doing what is good. In your teaching show integrity, seriousness and soundness of speech that cannot be condemned."

- Titus 2:7-8



Bless

Bless

HOW CAN YOU ENCOURAGE OR HELP SOMEONE WHEN THEY FEEL SAD?

PRAY FOR SOMEONE WHO HAS LOST A PARENT, SPOUSE, OR CHILD IN THE LAST YEAR. ASK GOD TO BE CLOSE TO THEM AND COMFORT THEM IN THEIR GRIEF.

"The Lord is close to the brokenhearted and saves those who are crushed in spirit."

- Psalm 34:18

IF YOU COULD PICK ONE MEDICAL PROBLEM TO CURE TODAY. WHICH ONE WOULD YOU PICK?

PRAY FOR THE SCIENTISTS AND RESEARCHERS WHO ARE WORKING TO FIGHT DISEASE. ASK GOD TO REVEAL MYSTERIES TO THEM THAT LEAD TO NEW TECHNOLOGIES AND MEDICINES.

"The king said to Daniel, 'Surely your God is the God of gods and the Lord of kings and a revealer of mysteries, for you were able to reveal this mystery.'

- Daniel 2:47



WHY DO YOU THINK SOME PEOPLE DO NOT BELIEVE IN GOD? WHAT MIGHT HELP THEM BELIEVE?

PRAY FOR ALL THOSE WHO DON'T BELIEVE IN GOD: ASK GOD TO RAISE UP MORE WORKERS WHO WILL MEET THEIR NEEDS AND TEACH THEM ABOUT JESUS.

"Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

- Matthew 9:38

WOULD YOU LIKE TO GET MARRIED SOMEDAY? WHY OR WHY NOT?

PRAY FOR A COUPLE THAT HAS RECENTLY BEEN MARRIED. ASK GOD TO HELP THEM LIVE IN HARMONY AND CREATE A UNIFIED FAMILY.

"May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ."

- Romans 15:5-6



- Bless

WHAT WOULD YOU MISS THE MOST ABOUT YOUR HOME IF YOU WERE A SOLDIER SERVING OVERSEAS?

PRAY FOR THE MEN AND WOMEN SERVING IN THE MILITARY AND THEIR FAMILIES BACK HOME. ASK GOD TO GIVE THEM COURAGE AND TO KNOW HE IS WITH THEM.

"God is our refuge and strength, an ever-present help in trouble.
Therefore we will not fear."

- Psalm 46:1-2

WHAT IS ONE OF THE BEST THINGS THAT HAPPENED TO YOU THIS WEEK?

PRAY FOR SOMEONE WHO IS CELEBRATING SOMETHING SPECIAL RIGHT NOW. (A NEW JOB, A VACATION, A NEW HOUSE, ETC.) THANK GOD FOR HIS GOODNESS AND CELEBRATE WITH THEM.

"Rejoice with those who rejoice; mourn with those who mourn. Live in harmony with one another."

- Romans 12:15-16



WHAT ARE THREE THINGS YOU LIKE ABOUT THE HOUSE YOU LIVE IN?

PRAY FOR PEOPLE IN YOUR COMMUNITY WHO ARE HOMELESS. ASK GOD TO PROTECT THEM FROM HARM AND TO LEAD THEM TO PEOPLE WHO CAN HELP THEM FIND A HOME.

"Whoever oppresses the poor shows contempt for their Maker, but whoever is kind to the needy honors God."

- Proverbs 14:31

WHAT IS YOUR FAVORITE THING ABOUT YOUR CHURCH COMMUNITY?

PRAY FOR YOUR CHURCH AND ITS LEADERS. ASK GOD TO HELP THEM GROW IN FAITH AND WISDOM AS THEY LEAD AND TEACH YOUR CHURCH.

"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith."

- Hebrews 13:7



IF YOU BECAME A FAMOUS CELEBRITY, WHAT WOULD YOU WANT TO BE FAMOUS FOR?

PRAY FOR A CHRISTIAN CELEBRITY. ASK GOD TO HELP THEM STAY FAITHFUL AND TO SHARE THE TRUTH ABOUT GOD WITH THE MANY PEOPLE WHO LOOK UP TO THEM.

"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

- Matthew 5:16

Bless

HOW MANY PEOPLE IN THE BIBLE CAN YOU THINK OF WHO SPENT TIME IN PRISON?

PRAY FOR PRISONERS IN OUR COUNTRY. ASK GOD TO GIVE THEM OPPORTUNITIES TO LEARN ABOUT HIS LOVE AND PROVIDE WAYS FOR THEM TO REBUILD THEIR LIVES.

"The Lord hears the needy and does not despise his captive people."

- Psalm 69:33



WHAT TV SHOWS, MOVIES, BOOKS, OR VIDEO GAMES DO YOU ENJOY? DO THEY GIVE YOU GOOD EXAMPLES OR BAD EXAMPLES TO FOLLOW?

ASK GOD TO GIVE YOU THE STRENGTH TO MAKE WISE CHOICES ABOUT ENTERTAINMENT.

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

- Philippians 4:8-9

WHAT MAKES YOU FEEL AFRAID? WHAT DO YOU DO WHEN YOU FEEL SCARED?

ASK GOD TO GIVE YOU COURAGE WHEN YOU ARE SCARED AND TO REMEMBER THAT HE IS STRONGER THAN ANYTHING YOU FEAR.

"The Lord is my light and my salvation—whom shall I fear?
The Lord is the stronghold of my life—of whom shall I be afraid?"

Psalm 27:1-2



WHAT ARE SOME THINGS THAT PEOPLE PUT THEIR TRUST IN. BESIDES GOD?

ASK GOD TO HELP YOU PUT YOUR TRUST IN HIM ALONE.

"It is better to take refuge in the Lord than to trust in humans."

- Psalm 118:8

"Some trust in chariots and some in horses, but we trust in the name of the Lord our God."

- Psalm 20:7

DO YOU EVER WORRY THAT SOMETHING BAD MIGHT HAPPEN? OR THAT SOMETHING GOOD WON'T HAPPEN?

ASK GOD TO GIVE YOUR WORRIES TO HIM AND TRUST THAT HE WILL TAKE GOOD CARE OF YOU.

"Cast all your anxiety on him because he cares for you."

- 1 Peter 5:7



DO YOU EVER WISH THAT YOU HAD SOMEONE ELSE'S LOOKS, OR TALENTS, OR PERSONALITY? WHAT IS SOMETHING THAT IS SPECIAL ABOUT YOU?

ASK GOD TO HELP YOU BE CONFIDENT AND THANKFUL FOR THE UNIQUE PERSON HE CREATED YOU TO BE

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

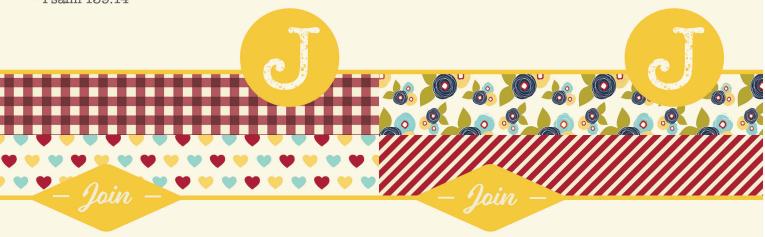
- Psalm 139:14

WHAT PARTS OF SCHOOLWORK DO YOU ENJOY? WHAT PARTS ARE HARD FOR YOU?

ASK GOD TO GIVE YOU A GOOD ATTITUDE TOWARD LEARNING AND TO GIVE YOUR BEST EFFORT.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."

- Colossians 3:23



DO YOUR FRIENDS HELP YOU MAKE GOOD CHOICES? OR DO THEY PULL YOU TOWARD BAD CHOICES?

ASK GOD TO HELP YOU BE A GOOD INFLUENCE ON YOUR FRIENDS, AND TO CHOOSE FRIENDS WISELY.

"The righteous choose their friends carefully, but the way of the wicked leads them astray."

- Proverbs 12:26

WHEN IS THE LAST TIME YOU WERE PUNISHED, OR GIVEN A WORD OF CAUTION? WHAT DID YOU LEARN FROM THE EXPERIENCE?

ASK GOD TO HELP YOU ACCEPT DISCIPLINE WHEN IT HAPPENS SO THAT YOU CAN LEARN FROM IT AND DO BETTER NEXT TIME.

"Listen to advice and accept discipline, and at the end you will be counted among the wise."

- Proverbs 19:20



CAN YOU THINK OF A TIME WHEN YOU FELT CONFUSED ABOUT THE RIGHT THING TO DO? WHAT CAN YOU DO WHEN YOU FEEL CONFUSED?

ASK GOD TO HELP YOU TURN TO HIM FOR WISDOM WHEN CONFUSING SITUATIONS HAPPEN.

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

- James 1:5

HOW DO YOU REACT WHEN YOU HAVE TO WAIT FOR SOMEONE? HOW DO YOU REACT WHEN THEY MAKE A MISTAKE?

ASK GOD TO GIVE YOU PATIENCE WITH THE FAULTS OF OTHERS AND A GOOD ATTITUDE WHEN YOU HAVE TO WAIT.

"Be completely humble and gentle; be patient, bearing with one another in love."

- Ephesians 4:2



WHAT KIND OF ACTIVITIES DO YOU ENJOY? HOW COULD YOU USE THEM TO BLESS OTHERS?

ASK GOD TO HELP YOU SEE THE UNIQUE PURPOSE HE HAS FOR YOU BOTH RIGHT NOW, AND AS YOU GROW.

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

- Ephesians 2:10

WHAT ARE SOME BENEFITS FROM READING THE BIBLE? HOW OFTEN DO YOU READ GOD'S WORD?

ASK GOD TO GIVE YOU A HUNGER FOR STUDYING THE BIBLE, SO THAT YOU CAN GROW CLOSER TO HIM.

"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

- Joshua 1:8

WHAT IS SOMETHING NEW YOU HAVE LEARNED RECENTLY FROM A SERMON OR SUNDAY SCHOOL CLASS?

ASK GOD TO HELP YOU PAY ATTENTION AND LEARN FROM THE TEACHING OPPORTUNITIES YOU HAVE AT CHURCH.

"But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever!"

- 2 Peter 3:18

WHAT IS ONE OF YOUR FAVORITE PIECES OF CLOTHING TO WEAR? WHY DO YOU LIKE IT SO MUCH?

ASK GOD TO HELP YOU PUT ON A GOOD ATTITUDE EVERY MORNING AND TO KEEP IT THROUGHOUT YOUR DAY.

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

- Colossians 3:12



WHAT IS ONE OF THE HARDEST THINGS YOU HAVE EVER HAD TO DO? WHAT HELPED YOU GET THROUGH IT?

ASK GOD TO GIVE YOU PERSEVERANCE SO THAT YOU WILL NOT GIVE UP WHEN YOU FACE FUTURE CHALLENGES.

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete."

- James 1:2-4

HAVE YOU EVER HEARD SOMETHING IN THE NEWS THAT MADE YOU FEEL SCARED?

ASK GOD TO GIVE YOU PEACE EVEN WHEN THE WORLD FEELS SCARY AND TO REMEMBER THAT HE IS STRONGER THAN ANY PROBLEM IN THE WORLD.

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.""

- John 16:33

A QUICK NOTE

We are a small, family-operated business, and would appreciate your help in spreading the word about our products. If you enjoyed these prayer cards, would you please consider:

- posting a review on our site
- mentioning this product to your family & friends
- snapping a picture of a family member with these prayer cards and posting to Instagram or Facebook with the hashtag #morelikegrace (We love to see the families who are using our resources!)

Thanks so much for your support!